

SHOOTING STARS DANCE STUDIOS

Summer DANCE Intensives

Weekly workshop classes for dedicated and experienced dancers

Ages 9 – 18 with a minimum of 3 years experience (Juniors & Teens) will be divided into (2) groups each week
 Ages 7 & up with a minimum of 1 year of experience (Junior Prep) may attend week #1 and week #5

JAZZ TECHNIQUE WORKSHOPS

Over the course of the week, our classes will have an indepth daily focus to help improve Jazz technique
 We will incorporate conditioning and strength training, flexibility and extentions, turns and jumps, and yoga for dancers
 Dancers will have ample time to reinforce and improve existing skills as well as be challenged with learning new material

All Classes will meet between 9:30 – 2:30 for approximately 1 – 2 hours per day (Mon – Thurs)

Juniors & Teens = 6.5 hrs. per week. Junior Prep = 3.5 hrs. per week. See below for a sample schedule

This program is available the following dates:

Week #1	Week #3	Week #4
6/24 – 6/27	7/8 – 7/11	7/15 – 7/18

Expected Schedule:	Monday	Tuesday	Wednesday	Thursday
Junior Prep:		9:30 – 11:00	9:00 – 10:00	9:30 – 10:30
Group A (Juniors):	10:00 – 11:30	11:00 – 12:30	10:00 – 12:00	11:00 – 12:30
Group B (Teens):	12:00 – 1:30	1:00 – 2:30	12:30 – 2:30	1:00 – 2:30

** Exact schedule to be confirmed the week prior to each session based on enrollment **

PROGRESSING BALLET TECHNIQUE WORKSHOPS

"PBT" is an innovative curriculum that helps dancers in the training of proper muscle memory.

Over the course of the week, we will focus on core stability, weight placement, alignment, turnout and port de bra
 These lessons will guide the student to a new level of understanding and reinforce the proper use of key muscle groups

All Classes will meet between 9:30 – 2:30 for approximately 1.5 – 2 hours per day (Mon – Thurs)

Juniors & Teens = 5.5 hrs. per week. Junior Prep = 3 hrs. per week. See below for a sample schedule

This program is available the following dates:

Week #5	Week #6	Week #7
7/22 – 7/25	7/29 – 8/1	8/5 – 8/8

Expected Schedule:	Monday	Tuesday	Wednesday	Thursday
Junior Prep:		9:30 – 11:00		9:30 – 11:00
Group A (Juniors):	9:30 – 11:30		9:30 – 11:30	11:00 – 12:30
Group B (Teens):	12:00 – 2:00		12:00 – 2:00	1:00 – 2:30

** Exact schedule to be confirmed the week prior to each session based on enrollment **

You must enroll for the entire week. As the workshops are cummilative over the course of the week, we do not anticipate single day attendance.

You may attend multiple weeks and the curriculum will be adjusted to meet your dancer's personal needs.

Enrollment is limited to allow an intimate student to teacher ratio. Minimum 6 students.

It is suggested that all dancers who enroll in intensive training should also be concurrently enrolled in weekly classes

To register your dancer, please fill out and submit the Intensive Registration Form.

Save \$\$ by enrolling by the "early discount" cut-off date (June 1, 2019). There is an additional discount if you are enrolled in unlimited summer classes

WEEKLY TUITION RATES	enroll prior to June 1, 2019	enroll after cut-off date	"PBT" materials one-time fee
Junior Prep:	\$40	\$50	\$10 *
Juniors & Teens:	\$70	\$80	\$10 *
Take an additional \$5 OFF each week if you are enrolled in unlimited summer classes			